

Tuesday 23 April 2024

1 Thessalonians 5:1-11

Leading
Speaking

**Wes Illingsworth
William Taylor**

WELCOME TO ST HELEN'S

We are delighted you have joined us today. Please feel free to eat your lunch during the meeting and it would be a great help if you could turn all phones and other communication devices to flight mode.

RUNNING ORDER

1.10pm Welcome and reading

1.15pm Talk

1.40pm End

NOTICES

1. New here? Let us know if we can tell you about what's going on in the City. Email the team: city@st-helens.org.uk

2. City workers prayer breakfast: Tuesday 7 May, 7.45-8.30am at St Helen's, come and pray, and be prayed for, as we focus on the competing responsibilities in a busy City workers life. Hot and cold breakfast available. No need to sign up.

3. If you could ask God one question: Join us this term as we engage with life's big questions. Ask your colleagues what their one big question for God would be and invite them to hear a talk and Q&A at St Helen's answering it in mid-May:

- Tuesday 21 May, 7-8.30pm with dinner
- Wednesday 22 May, 7.45-8.45am with breakfast
- Wednesday 22 May, 7-8.30pm with dinner
- Thursday 23 May, 7-8.30pm with dinner



4. The Bible Matters podcast: listen to our new podcast featuring interviews and conversations with faithful Bible teachers all over the world. Search The Bible Matters Podcast wherever you get your podcasts, or go to biblematters.podbean.com

5. City Summer School: Join other City workers for a fantastic holiday in God's word: 19 - 26 July, or 26 July - 2 August. Book now from as little as £450. Email Giulio if you have any questions: g.abortivi@st-helens.org.uk



6. Financial giving: for more information on giving, please visit: shb.org.uk/give

1 Thessalonians 5:1–11 ESVUK

¹ Now concerning the times and the seasons, brothers, you have no need to have anything written to you. ² For you yourselves are fully aware that the day of the Lord will come like a thief in the night. ³ While people are saying, “There is peace and security”, then sudden destruction will come upon them as labour pains come upon a pregnant woman, and they will not escape. ⁴ But you are not in darkness, brothers, for that day to surprise you like a thief. ⁵ For you are all children[b] of light, children of the day. We are not of the night or of the darkness. ⁶ So then let us not sleep, as others do, but let us keep awake and be sober. ⁷ For those who sleep, sleep at night, and those who get drunk, are drunk at night. ⁸ But since we belong to the day, let us be sober, having put on the breastplate of faith and love, and for a helmet the hope of salvation. ⁹ For God has not destined us for wrath, but to obtain salvation through our Lord Jesus Christ, ¹⁰ who died for us so that whether we are awake or asleep we might live with him. ¹¹ Therefore encourage one another and build one another up, just as you are doing.

God's blueprint for authentic life

Light in darkness

1 Thessalonians 5:1–11

Introduction

1. The future is certain v1–3

2. Live in the present in light of the future v4–8

3. The past has secured the future v9–11

Conclusion

- a) The true 'progressives'
- b) Wakefulness
- c) Self-control
- d) The gospel

Questions for discussion and reflection:

- Knowing that the 'clocks have changed', what aspect of my life requires self-control?
- If I am in danger of nodding off, what do I need to wake me up?

Next week: 1 Thessalonians 5:12–28, Peace and purity, William Taylor